

Breakfast

Full English bacon, sausage, 2 eggs any style, roast tomato, portobello mushroom, beans, bubble and squeak, black pudding, toast - 8.50

Veggie breakfast veggie sausages, 2 eggs, roast tomato, portobello mushroom, beans, bubble and squeak, toast - 8

Add bacon, sausage - 1

egg, roast tomato, portobello mushroom, beans, black pudding, bubble and squeak - 0.75

Toasted sourdough

Poached eggs, Avocado, Roast cherry tomato, feta, mint, chilli flakes - 7

Avocado & Bacon Poached eggs - 7

Avocado & smoked salmon, Poached eggs - 7.5

Smoked haddock omelette spinach, cheddar, grain mustard, toasted sourdough - 7

Sweet potato & Chorizo hash spring onion, pea shoots, poached eggs - 7

Blueberry and ricotta hotcakes Greek yoghurt, maple syrup - 6

Overnight oats apple, greek yoghurt, walnut & Honey - 5

Mango & banana smoothie bowl fresh berries, passion fruit - 5

Toasted oat granola Greek yoghurt, fresh berries - 4.5

Lunch

Roast veggie salad chickpeas, giant cous cous, tahini sauce, mint, pomegranate

- 8.5

Quinoa bowl broccoli, sweetcorn, edamame, spring onion, carrot, peanut, soy,

ginger, coriander - 8.5

Seafood chowder hake fillet, mussels, squid, parsley, corn, sourdough toast -

10.5

Mortehoe crab + avocado sandwich on sourdough with salad - 10.5

Chicken schnitzel shaved vegetable & green chilli slaw, potato salad - 12

Hummus tabbouleh, pickles, flat bread - 6

Steamed mussels shallots, white wine, cream, parsley, sourdough toast - 8

Fish of the day pan fried fillet of fish, rocket salad, Panzanella basil oil - 14

Seafood linguine prawns, mussels, squid, white wine, basil, tomato sauce - 15

Devon ploughmen's quicke cheddar, local ham, apple & onion chutney, crusty

bread - 9.5